



OFFICE OF THE MUNICIPAL MAYOR

EXECUTIVE ORDER NO. 005 Series of 2023

SUBJECT: AN EXECUTIVE ORDER IN ADOPTING THE REPUBLIC ACT NO. 11148 OTHERWISE "KALUSUGAN AT NUTRISYON NG MAGNANAY ACT" IN THE MUNICIPALITY OF MATNOG AND FOR OTHER PURPOSES

WHEREAS, the State declares its determination to eliminate hunger and reduce all forms of malnutrition. It further maintains that ensuring healthy lives, promoting well-being, ending hunger and food insecurity, and achieving good nutrition for all at all ages are essential to the attainment of sustainable development;

WHEREAS, it shall cover all nutritionally at-risk population with focus on pregnant and lactating women, all Filipino children who are newly born up to two years of age which is a unique period of opportunity when the foundations for optimum health and development across the lifespan are established;

WHEREAS, an estimated 149 million children under age five are developmentally stunted as a result of chronic malnutrition in the first 1,000 days with another 49 million suffering the ravages of acute malnutrition, making them susceptible to life-threatening diseases and infections;

WHEREAS, the fundamental reason why the first 1,000 days are a vulnerable period is that this is a time of very rapid growth and development. This can be illustrated by the developmental changes that occur in the brain, body and immune system;

WHEREAS, Republic Act No. 11148 or the First 1000 days law provides the enabling environment for the sustained provisions of the critical early child care interventions for the first 1000 days of a child's life, for optimal growth and development.

NOW THEREFORE, I, CATTLEYA MORATA SO, Municipal Mayor of the municipality of Matnog, Sorsogon by virtue of the powers and authority vested in me by law do hereby order:

Section 1. **Provision of Quality Prenatal Care**. Provision of Prenatal care to mothers at least one visit in first trimester, one visit in second trimester and two visits in third trimester.

Section 2. **Exclusive Breastfeeding**. Lactating mothers shall breastfeed their infants up to six months.

Section 3. **Provision of Essential Newborn Care**. Provision of Newborn care package including Newborn Screening Test and Newborn Hearing Test.

Section 4. **Provision of Complete Immunization**. Provision of BCG, three Penta, three OPV, three PCV, two MCV and Tetanus toxoid for Mothers.

Section 5. **Provision of Micronutrient supplementation**. Provision of Supplemental



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Section 6 **Complementary Feeding**. Caregiver guidance on Complementary Feeding

Section 6. **Repealing Clause**. All laws, decrees, executive orders or any part thereof which are inconsistent with this Act, are hereby repealed or modified accordingly.

Section 7. **Effectivity**. This Executive Order shall take effect immediately.

Done in the municipality of Matnog, Province of Sorsogon this 11th day of November 2022
at Matnog, Sorsogon


HON. CATTLEYA M. SO
Municipal Mayor